

September 2019

Hollabaugh Recreation Center

3925 W. Walnut St., Garland, TX 75042 • 972-205-2721 • HHRC@GarlandTX.gov • GarlandParks.com

PROGRAM SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 a.m.						<i>GoGo Chiro</i> 9 a.m.
10 a.m.	Mommy, Me and Crafty Mornings 10 a.m.	Mommy, Me and Spanish 10 a.m.		Mommy, Me and Spanish 10 a.m.		<i>GoGo Chiro</i> 10 a.m. <i>You Can DIY!</i> 10 a.m.
11 a.m.	Mommy, Me and Yoga 11 a.m.	Mommy, Me and Balance and Coordination 11:15 a.m.	Balance and Coordination 11 a.m. Mommy, Me, and Yoga 11 a.m.			<i>GoGo Chiro</i> 11 a.m. <i>Kung Fu Beginners</i> 11 a.m.
12 p.m.						<i>GoGo Chiro</i> 12 p.m. <i>Kung Fu Advanced</i> 12:15 p.m.
1 p.m.						<i>GoGo Chiro</i> 1 p.m.
2 p.m.	<i>Fitness 101</i> By appointment only	<i>Fitness 101</i> By appointment only	<i>Fitness 101</i> By appointment only	<i>Fitness 101</i> By appointment only		
3 p.m.						
4 p.m.			<i>Soccer Sparks Kickin' With the Parents</i> 4 p.m. <i>Soccer Sparks Dribble, Kick, Pass</i> 4:30 p.m.			
5 p.m.			Soccer Sparks Youth 5:15 p.m.	Butterfly Beginner Ballet & Tap 5:30 p.m.		
6 p.m.	<i>Cheer Combo Preschool</i> 6:30 p.m.	Restorative Yoga 6:30 p.m.	Kreative Kids DIY 6 p.m. Fitness Walking 6:30 p.m.	Elementary Ballet & Tap 6:15 p.m. Football Skills 6:30 p.m. Restorative Yoga 6:30 p.m.		
7 p.m.	<i>Cheer Combo Elementary</i> 7 p.m. <i>Kung Fu Beginners</i> 7 p.m.	<i>Kung Fu Beginners</i> 7 p.m.		Dance Fitness 7 p.m.		
8 p.m.	<i>Kung Fu Advanced</i> 8 p.m.					

All program information subject to change and availability. Registrations accepted on first-come, first-serve basis. Waitlists available for most full programs. Pre-registration required for most programs. A program may cancel if minimum number of registrations is unmet. A City of Garland waiver and release of claim is required prior to participating in any program. All programs occur weekly unless noted with a date.